



**WHY TACTICS IS THE MOST  
IMPORTANT ASPECT OF COACHING  
AUSSIE RULES FOOTBALL**

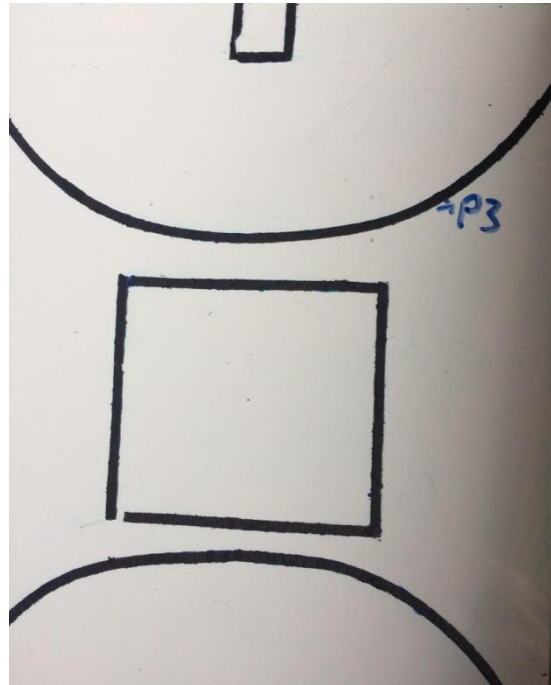
# TACTICS IS KING

- SCENARIO
  - TACTICS
- PSYCHOLOGICAL
- DECISION MAKING
- TECHNICAL/SKILL



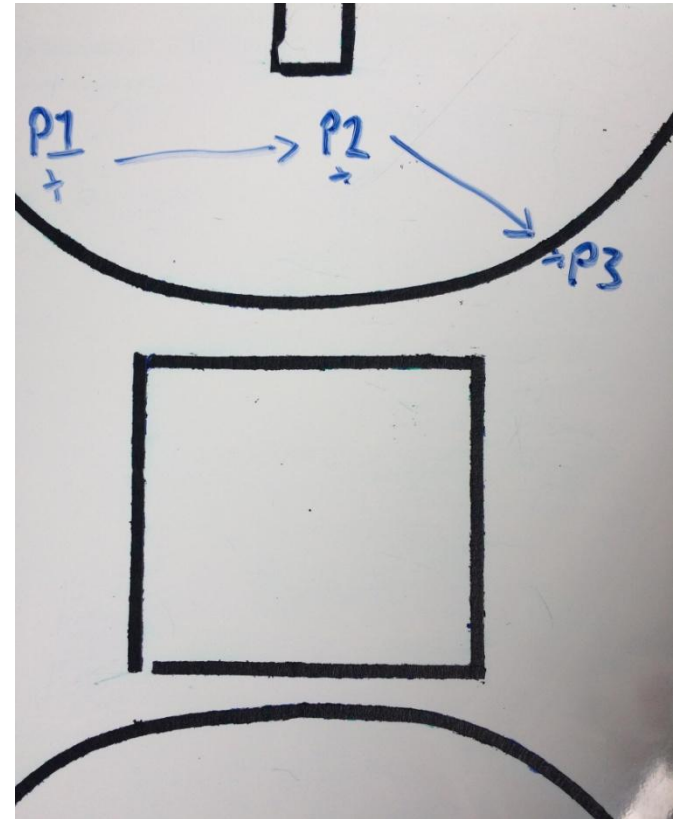
# SCENARIO

- Player receives the ball on the far half back flank/wing area as the 3<sup>rd</sup> player in the chain of a switch out of the defensive 50



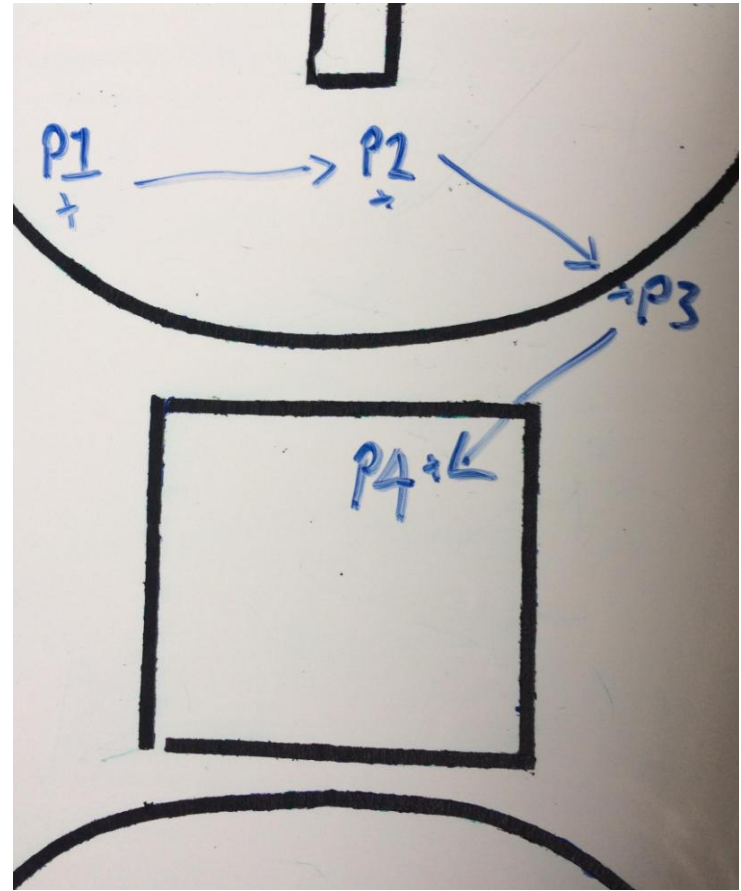
# TACTICS

- Tactics from the team's game model states that if the ball comes in to your defensive 50 on 1 side then it is to exit on the other using ground width, possession football and 100% options where possible



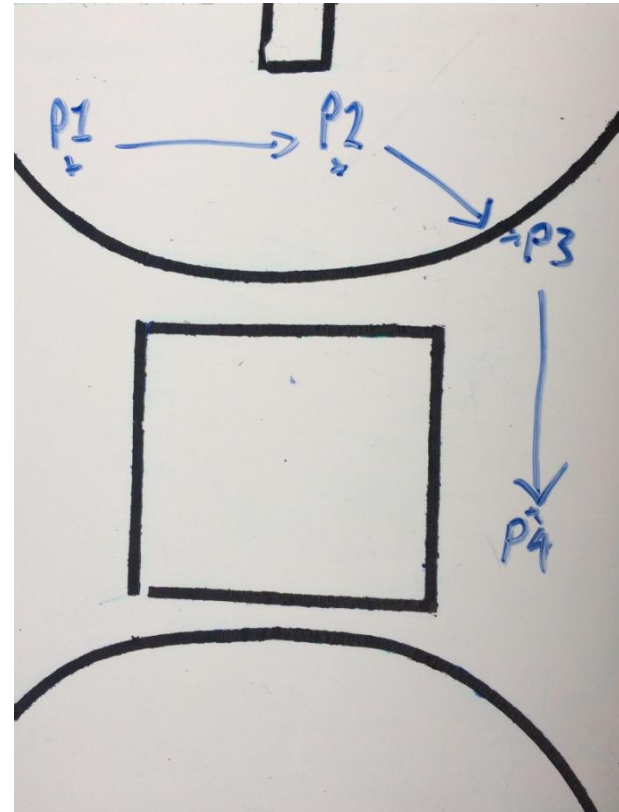
# TACTICS

- Tactics from the team's game model then states that once the ball is of great width from where it came from then when possible, bring the ball back through the corridor with an in-board kick

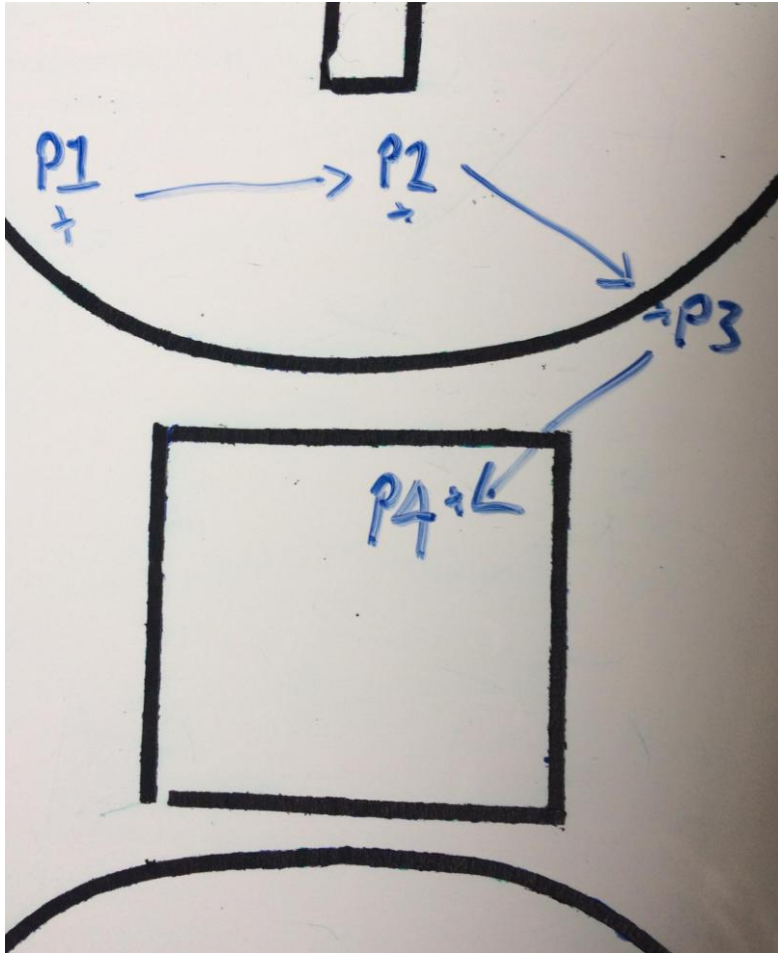


# TACTICS

- Alternatively, as the Game Model states that we want to keep possession of the football, that if a corridor option is not available to THAT player, then they can continue to use a wide option up the ground

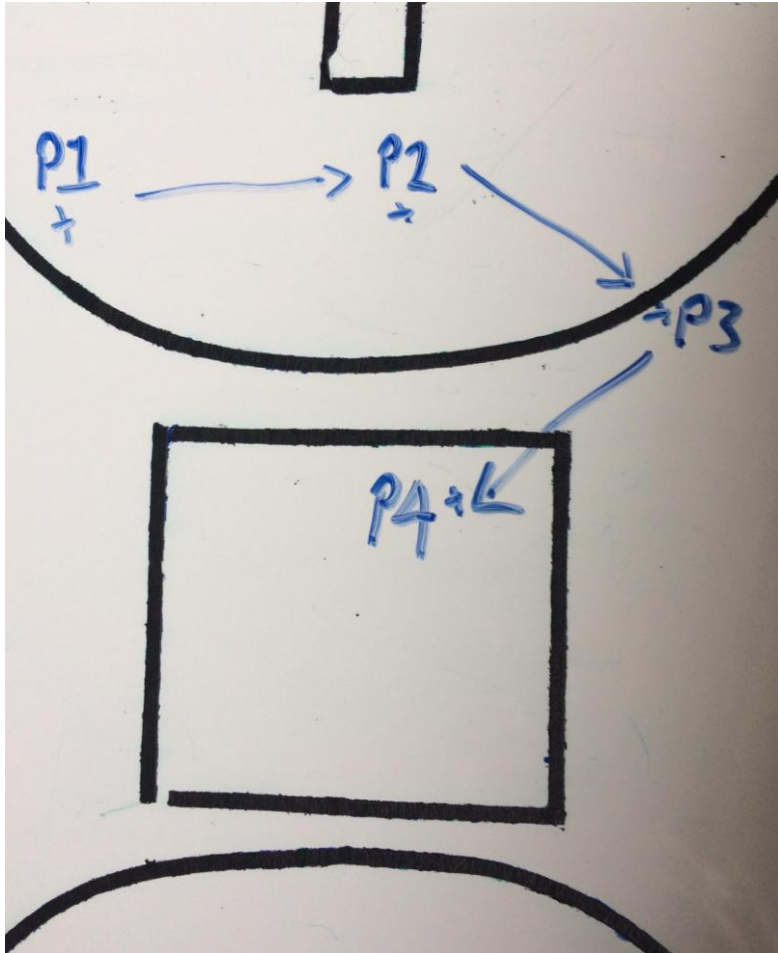


# IN BOARD KICK - PSYCHOLOGICAL



- INDIVIDUAL PLAYER CONFIDENCE
- KNOWLEDGE OF GAME MODEL
- PERCEIVED DIFFICULTY OF THE KICK FROM THE KICKER
  - PERCEIVED PSYCHOLOGICAL PRESSURE ON THE KICKER
- PERCEIVED PHYSICAL PRESSURE ON THE KICKER

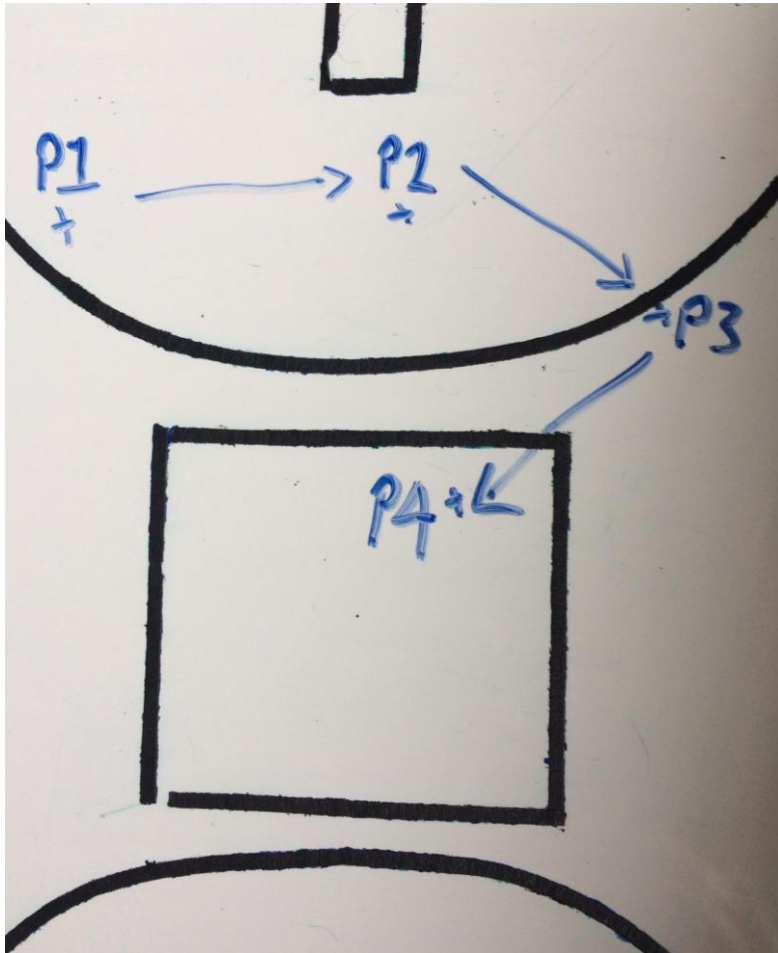
# IN BOARD KICK - PSYCHOLOGICAL



- PERCEIVED PSYCHOLOGICAL PRESSURE ON THE RECEIVER
- PERCEIVED PHYSICAL PRESSURE ON THE RECEIVER
- PERCEIVED PHYSICAL FATIGUE ON THE KICKER

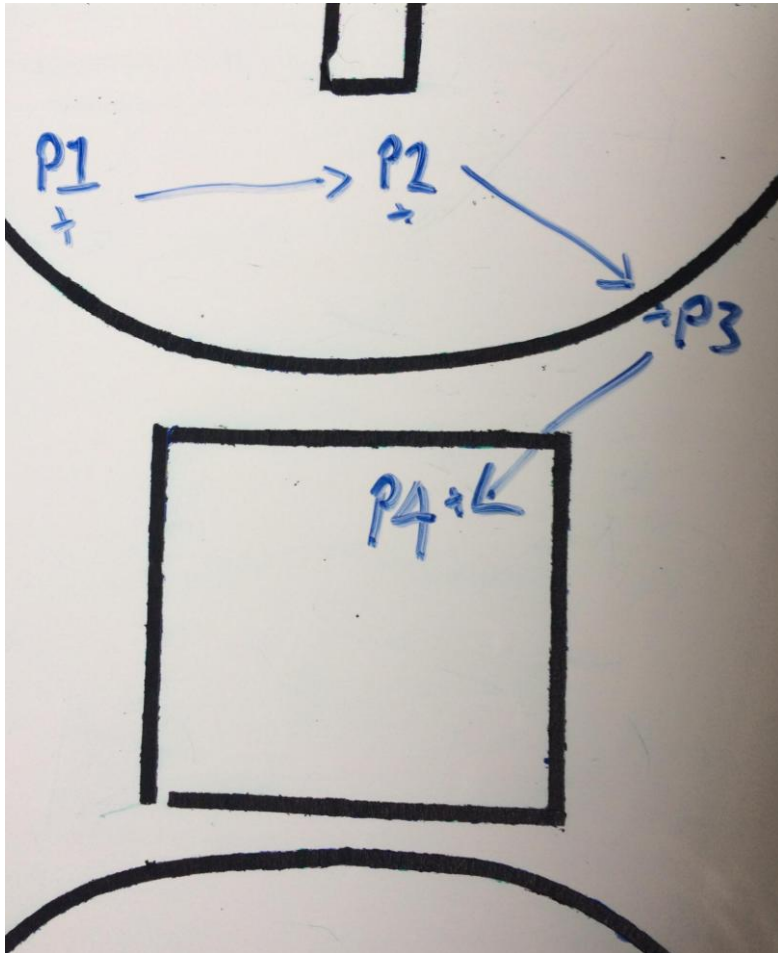


# IN BOARD KICK – DECISION MAKING



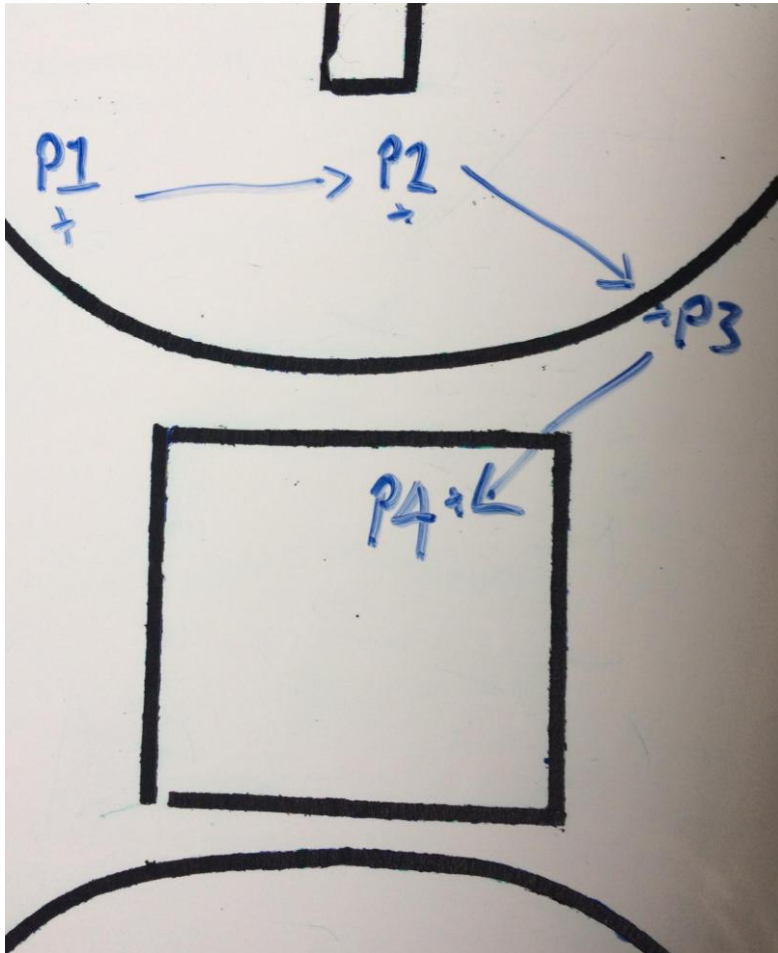
- KICKER PROCESSES ALL THE INFORMATION ABOVE BASED ON THEIR CURRENT PSYCHOLOGICAL STATE
- WHAT DO I BELIEVE I CAN ACHIEVE RIGHT NOW?
- WHAT DO I PERCEIVE IS OUT MY BANDWIDTH RIGHT NOW?
- HOW CAN I STILL STAY WITHIN THE FRAME WORK OF THE GAME MODEL?

# IN BOARD KICK – TECHNICAL SKILL



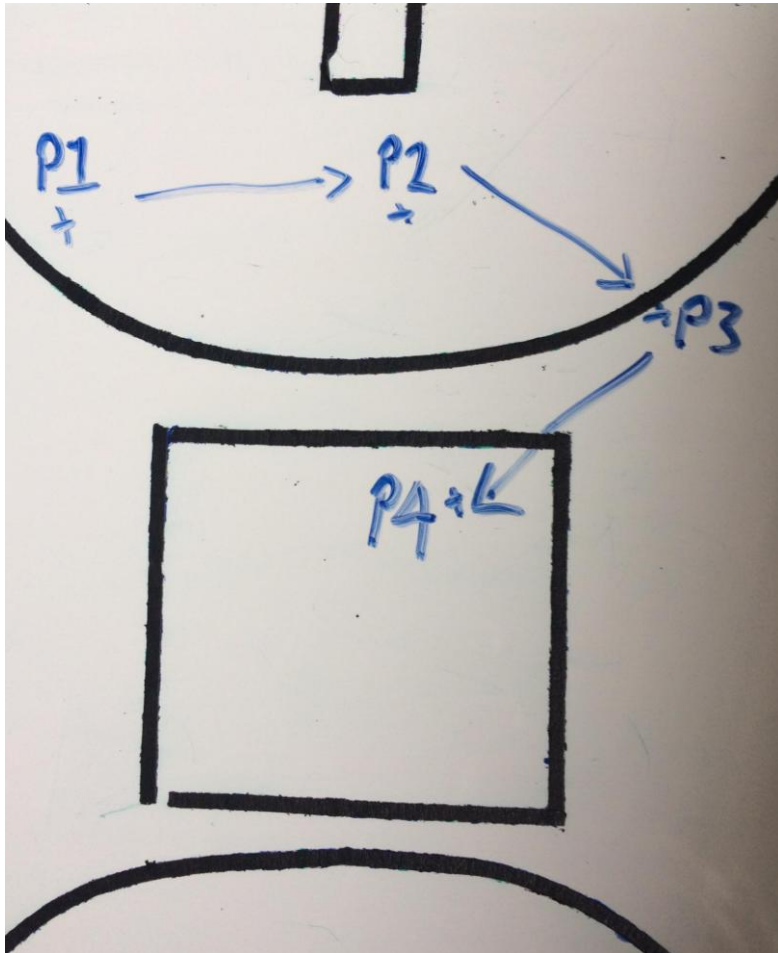
- BASED ON MY INFORMATION PROCESSING WHAT SKILL IS REQUIRED TO CARRY OUT THE IN BOARD KICK AND FOR IT TO BE EFFECTIVE?
- BASED ON MY INFORMATION PROCESSING WHAT TECHNIQUE DO I NEED TO APPLY TO THE SKILL TO CARRY OUT THE IN BOARD KICK AND FOR IT TO BE EFFECTIVE?

# IN BOARD KICK – RESULT



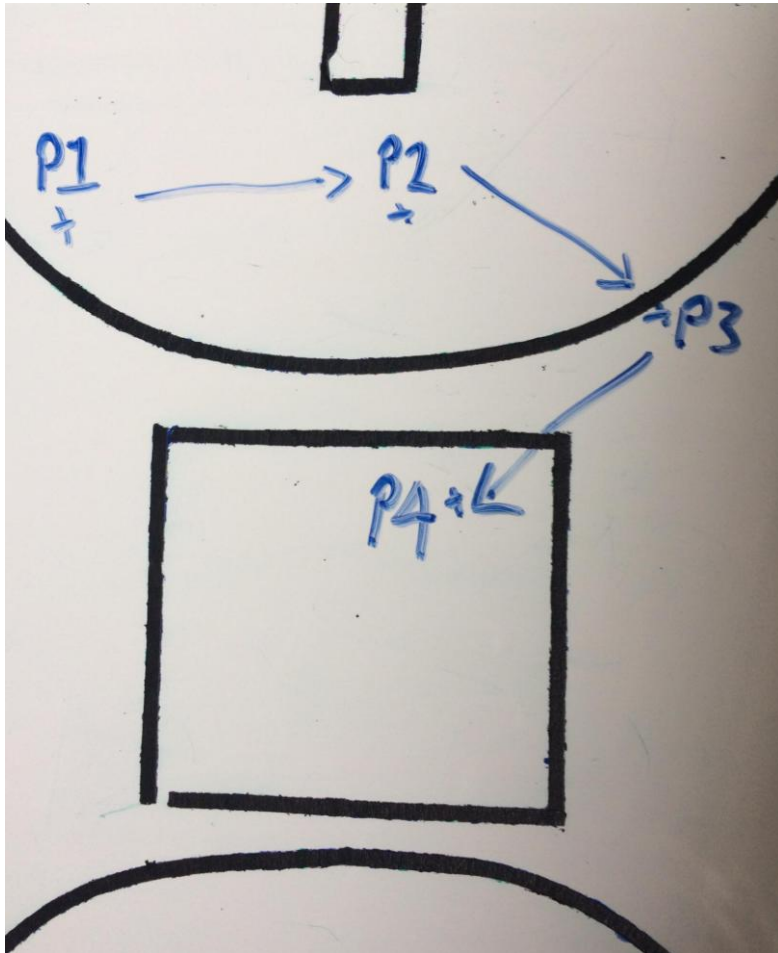
- SUCCESSFUL?
- NEUTRAL??
- UNSUCCESSFUL???

# HOW ARE TACTICS KING?



- Team/Individual knowledge of Game Model speeds up decision making for everyone
- Makes decisions for you in advanced providing you with time
- More Time = More Information Processing
- More Information Processing = Better Decision Making

# HOW TO TEACH TACTICS?



- Show Basic Ball/Player Movement Pattern/s
- Closed Drill / Game Model Rehearsal
  - Gradually Add Defenders
  - Gradually Add Chaos

